Date/Dyddiad 18th March 2021

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VALE of GLAMORGA

My Ref/Cyf TD/JMJ

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## Dear Parent/Guardian

## Re: Clarification on wider list of symptoms in a school setting

Further to recent advice from our TTP and PHW teams in Cardiff and the Vale it has been decided as a precautionary measure to offer free coronavirus test to all pupils and staff with a wider range of symptoms, as well as the three most common symptoms of Covid-19 – a fever, a new continuous cough or loss/change of taste and smell.

Pupils are asked to seek a test and strongly advised to isolate if they have any of the following

symptoms: Myalgia (muscle ache or pain)

A sore throat

A Headache

Sneezing

A runny nose

A loss of appetite

Nausea

Vomiting

Diarrhoea

This enhanced approach is designed to help find cases of new variants of Covid-19 and identify people who may be at risk of passing on the disease to others without knowing.

Please note it is only the symptomatic pupil who is strongly advised to isolate if symptomatic with the wider range of symptoms, siblings can still attend school and the wider household does not need to isolate.

This does not change the guidance should you develop symptoms of the three most common coronavirus symptoms – a fever, a new continuous cough or loss/change of taste and smell, when all household members must isolate

A wider symptoms testing FAQ has been published on the Council's website https://www.valeofglamorgan.gov.uk/en/our council/press and communications/latest news/ Coronavirus/Covid19-testing-symptoms-FAQs.aspx

Coronavirus test can be booked online at <a href="https://www.gov.uk/get-coronavirus-test">https://www.gov.uk/get-coronavirus-test</a> or by calling 119.

When booking online due to the wider list of symptoms Cardiff and Vale of Glamorgan residents should select the option 'you have been asked to take a test by your council'.

Yours faithfully,

TDickinson

Tracy Dickinson Head of Human Resources